



### **Nope Nada Never List**

At SkinKick, we leave out all the bad. Made with exclusive naturally smart® formulas, our products deliver the highest concentration of vitamins, nutrients and omega fatty acids imaginable so you can enjoy clear, healthy and glowing skin. The Nope Nada Never List includes some of the many toxic, harsh, or questionable ingredients we will never use in our products.

#### **Alcohol**

super drying agents

#### **Benzoyl Peroxide**

severely damages the microbiome (your natural skin barrier); aggravates the skin and in some cases causes severe irritation, burning, dryness, itching, peeling, redness and swelling; known to bleach clothing and bedding

#### **BHA and BHT**

synthetic antioxidants used as preservatives; likely carcinogens and hormone disruptors, and may cause liver damage

#### **EDTA (ethylenediaminetetraacetic acid)**

a binding agent added to cosmetics to improve stability, may be toxic to organs

#### **Essential oils**

irritate facial skin

#### **Gluten**

can cause inflammation

#### **Glycols**

dry out skin + can cause irritation

#### **Hydroquinone**

skin-lightening chemical that is linked to cancer and skin irritation

### **Man-made Salicylic Acid**

although salicylic acid can be obtained from plants, it has long been produced by chemical synthesis, meaning it is not natural or naturally derived and it requires buffering (aka the use of chemical agents to stabilize the acidity pH)

### **Mineral Oil**

a by-product of petroleum distillation that may cause contact dermatitis

### **Parabens (methyl-, isobutyl-, propyl-, and others)**

a class of preservatives used to prevent the growth of bacteria and mold which may alter hormone mechanisms in our bodies and may play a role in triggering breast cancer; endocrine (or hormone) disruptors

### **Paraffins**

from petroleum oil, which is often cancer-causing

### **PEGs (polyethylene glycols)**

petroleum-based compounds that are widely used in cosmetics as thickeners, solvents, softeners, and moisture-carriers; depending on manufacturing processes, PEGs may be contaminated with measurable amounts of ethylene oxide and 1,4-dioxane, which are carcinogens.

### **Petroleum products**

very often cancer-causing

### **Phthalates (DBP, DEHP, DEP, and others)**

endocrine (or hormone) disruptor that may cause birth defects

### **Propanediol**

can cause skin irritation and trigger allergies; often used as an alternative to propylene glycol, which

### **Retinol (man-made Vitamin A) and Retinyl Palmitate**

a nutrient used in many skin care products as a source of Vitamin A for anti-aging; may damage DNA and speed growth of skin tumors when applied to skin; doctors also recommend pregnant women do not use retinol due to possible harm to the baby — we believe that possible harm to a fetus indicates that retinol is also unhealthy for the body.

### **Sulfates (SLS and SLES)**

can cause skin irritation and dryness or trigger allergies

### **Synthetic dyes (artificial color)**

can discolor the skin and cause irritation

### **Synthetic fragrance**

can cause skin irritation; can contain any combination of 3,000+ stock chemical ingredients, including hormone disruptors and allergens

### **Triclosan and Triclocarban**

antimicrobial pesticides toxic to the aquatic environment; may also impact human reproductive systems.

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